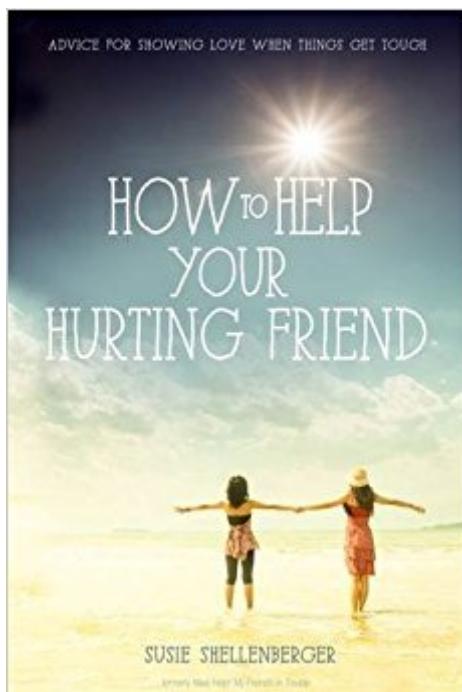


The book was found

How To Help Your Hurting Friend: Advice For Showing Love When Things Get Tough



Synopsis

In How to Help Your Hurting Friend, trusted author Susie Shellenberger (Sisterhood Magazine) addresses the most vital, personal, and life-challenging issues in young women's lives so you can respond in love and wisdom when friends are coping with crises. Presented in handbook form, this biblically based, relevant-book empowers you to be a voice of support and love when those around you are struggling. No issue is taboo (topics include self-cutting and sexual abuse) and no advice is ever vague. This book distills the wisdom of the Bible and combines it with the wisdom of many experienced Christian counselors. Previously published as Help! My Friend Is Hurting, this reissued edition is complete with sidebars and helpful illustrations.

Book Information

Paperback: 176 pages

Publisher: Zondervan/Youth Specialties (July 22, 2014)

Language: English

ISBN-10: 0310731178

ISBN-13: 978-0310731177

Product Dimensions: 5.3 x 0.5 x 8 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #2,994,525 in Books (See Top 100 in Books) #68 in Books > Christian Books & Bibles > Children's & Teens > Teens > Social Issues #2053 in Books > Teens > Religion & Spirituality #3198 in Books > Teens > Social Issues

Customer Reviews

A valuable handbook of practical advice for teenage girls to share with their friends Susie Shellenberger---veteran editor of Focus on the Family's Brio magazine---addresses the most vital, personal, and life-challenging issues in young women's lives so that concerned friends can respond in love and wisdom to their friends who are coping with crises. Presented in handbook form, this biblically-based, relevant, and contemporary-focused book empowers girls to salvage and even save the lives of their troubled peers. No issue is taboo (for example, she addresses self-cutting and sexual abuse) and no advice is ever vague (on the first page, Susie tells her readers that 'Jesus Christ is the one who does the empowering!'). This classic book for teenage girls distills the wisdom of the Bible and combines it with the wisdom of many experienced and anointed counselors. Previously published as Help! My Friend Is Hurting, this reissued edition has a dynamic new format

complete with sidebars and intriguing illustrations. --This text refers to an out of print or unavailable edition of this title.

Susie Shellenberger travels as a fulltime speaker forty weeks or weekends every year. She has written fifty-two books, and lives in Bethany, Oklahoma with her two mini Schnauzers Obie and Amos. Susie is a former youth pastor, high school teacher, and editor. She loves Sharpies in every color, burnt hotdogs, and praying at OKC Thunder basketball games. Â Â

This book touches the main points that can cause teens to loose hope, and gives simple to grasp advices for friends who desire to help.

How to Help Your Hurting Friend (Zondervan, February 2004, paperback, 176 pages) is the type of book I wish someone would have given me when I turned thirteen. Granted, life during my teenage years was much less complicated than what today's teens face - but some of the basic issues confronted by a young lady never change. Susie Shellenberger has written a wonderful book that should be on the top of each caring mom's (or aunt's or grandmother's...) list of books to share with her daughter. Written in an upbeat, conversational tone, How to Help Your Hurting Friend doesn't make any assumptions. It rightly starts with a section on making friends and walks the young reader through the steps to being a great girlfriend. Rightly, this section of the book culminates with Shellenberger's advice to "Be Jesus to those around you." This is great advice for any of us! Shellenberger's wisdom seems to point towards relationships made better by fostering a giving and loving spirit, rather than what a person will take out of a relationship. The meat of How to Help Your Hurting Friend is Section Two, which walks the reader through various scenarios that tragically, but realistically, come up frequently in today's society. Eating disorders, depression, internet addictions, illness, self destructive behaviors and sexual abuse are each given detailed treatment by the author. The list of "do" and "don't" suggestions at the end of each of the units provides teens with a good, proactive list of steps they can take to help a friend in need. The third section of the book contains several letters to Susie, complete with her helpful responses covering a myriad of situations. Also included are some helpful questions, prompts and inspiring articles. Overall, I believe that How to Help Your Hurting Friend is a great resource for any teen or young adult, although the book will have strong appeal for young women. I plan to read several of the sections of the book with my thirteen year old son. I have to say I gained quite a lot from reading the book myself. If you learn nothing else from How to Help Your Hurting Friend, the one point of wisdom "Be Jesus to those

around you" is worth the cover price.

[Download to continue reading...](#)

How to Help Your Hurting Friend: Advice For Showing Love When Things Get Tough Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Why Do Christians Shoot Their Wounded?: Helping (Not Hurting) Those with Emotional Difficulties (Not Hurting Those With Emotional Difficulties) Urban Legends: 666 Absolutely True Stories That Happened to a Friend...of a Friend?of a Friend Alligators in the Sewer and 222 Other Urban Legends: Absolutely True Stories that Happened to a Friend...of a Friend...of a Friend Baby on the Car Roof and 222 Other Urban Legends: Absolutely True Stories That Happened to a Friend of a Friend of a Friend Urban Legends - 666 Absolutely True Stories That Happened to a Friend.of a Friend.of a Friend by Craughwell, Thomas (2002) Hardcover 222 Love Techniques to Make Any Man Fall in Love With You & Get Your Ex Back. Learn The Rules and Secret Laws of Enchantment: 222 Love Techniques to Get Your Ex Back and Make Him Miss You How to Be an Adult in Love: Letting Love in Safely and Showing It Recklessly Chicken Soup for the Teenage Soul on Tough Stuff: Stories of Tough Times and Lessons Learned (Chicken Soup for the Soul) Your Notebook! Friend: A friendship journal (Your Notebook! Best Friend) (Volume 10) Obedience: Showing God That You Love Him How to Write a College Application Essay: Expert Advice to Help You Get Into the College of Your Dreams (Field Guide Series) ESP8266: Programming NodeMCU Using Arduino IDE - Get Started With ESP8266 (Internet Of Things, IOT, Projects In Internet Of Things, Internet Of Things for Beginners, NodeMCU Programming, ESP8266) Stop Hurting the Woman You Love: Breaking the Cycle of Abusive Behavior 101 Things to Do Outside: Loads of fantastically fun reasons to get up, get out, and get active! Tough Sh*t: Life Advice from a Fat, Lazy Slob Who Did Good How to Get Your Ex Back Fast! Toy with the Male Psyche and Get Him Back with Skills only a Dating Coach Knows (Relationship and Dating Advice for Women Book 4) Training and Showing Your Miniature Horse in Halter Classes Get Your Ex Back: The 4 Things Your Ex Needs You to Do to Get Back Together

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)